

**SUMMER 2023** 



As I reflect on all that we have achieved in the past six months, I am so proud and grateful to everyone in our foster care community for the dedication and compassion you demonstrate everyday as we work to provide better lives for looked after children. Together, we will continue to shape the lives of these young individuals, offering them hope, stability, and a chance to flourish.

One of our key priorities is to ensure a culture of care within our organisation. Care for others and care for each other. We know that in fostering the work can be emotionally demanding and that you may be impacted by factors out of your control. It is essential that we take care of ourselves and each other along this journey. Please remember that there is a support system here for all of us, and it's okay to lean on one another during challenging times.

As you will see in this newsletter we continue to focus on providing specialist training and development, feedback forums and a lovely variety of in-person events, activities and support groups as we all work to enrich the lives and wellbeing of everyone in our community. It's wonderful to see how this reflects in vulnerable children receiving the love, stability, and opportunities they deserve.

We are also still on track to transition fully to The Foster Care Charity in 2023, although our timeline for this has been extended to the end of summer.







#### Welsh – Important Words

Tip! - use google translate audio button to hear how to say these <sup>(C)</sup>

- Care Gofal
- Love Caru

Page 1

- Support Cymorth
- Community Cymuned

## Welcome! Croeso!



Sam Ram Chief Executive Officer **Prif Weithredwr** 

66 My heartfelt THANK YOU for your continued commitment to transform the lives of the children and young people in our care <sup>99</sup>

Our strategic awayday activities in March supported by input from our carers and children have helped shape what our early objectives and vision for the charity will be. We know that this iconic moment for FCC will bring about the start of an exciting period of change as we seek to deliver on our enhanced charitable vision and values.

Thank you sincerely to each of you for your invaluable contributions. It is through your expertise, creativity, and teamwork that we are able to overcome challenges, implement new methods and programs, and overall enhance the quality of care and support we provide.

I encourage you to stay connected, continue to support one another, and explore new opportunities to improve our services even further as we move towards 2024. Together, we can reach even greater heights and create lasting positive change in the lives of the children and young people in our care.

Thank You

Events & Activities Highlights – Page 2 FCC FOCUS & News - Pages 3, 4 & 5 Meet the Team – Pages 6, 7 & 10 Training Spotlight – Pages 8 & 9 Achievements & Compliments – Pages 10, 11 & 12 Kidz Zone – Pages 11 &12

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## **Children's Activities**



FOSTER

Dawn's Fabulous Family day out



# Sonya, Helen & Caroline

Kellie & Karen



#### **#notforprofitfostering**

We joined in celebrating being part of the national fostering community during Foster Care Fortnight May 2023.





Thanks to all our SSWs & carers who've be talking about foster care and meeting lots of potential carers at local events this year.

## Get Local 2023



Midlands Region Day Out at Conkers, Derbyshire

- 66 Thank you both for arranging today the boys loved it. RL wants to go back tomorrow and you organised the weather which was fabulous Liz B
- Many thanks for yesterday we all thoroughly enjoyed ourselves yesterday and the boys were totally shattered when they got home ③ And like you said, the weather was an absolute bonus Thanks again for organising such a lovely day! Liz & Mark H
- We just wanted to say thank you for arranging the Conkers day out. The children all enjoyed it and it was good to catch up with everyone!
   Tracey & Neil M



Great job Beverley and family!



#### **Sunflower Kits**

Getting Growing! Some early success from the sunflower seed kits that we sent out as part of our grow and nurture activities this summer.



So far we've been seen at South Suffolk Show, Pontefract Squash Club & Morrisons, Birmingham Pride, King's Lynn Morrisons and other local events in Sheffield, Liverpool and Manchester.

#### Page 3



Charity Go Live Date - Sept 2023

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#### The Foster Care Co-o CHARITY!

We are still on target to become The Foster Care Charity this year. In fact we are really well placed to make the transition, we are just waiting for official confirmation from OFSTED and CIW to be able to complete the move.Fingers crossed we will be able to start celebrating being a newly formed charitable organisation in September this year.

If you have ideas about activities we can undertake in 2024 that meet our charitable aims, please let us know. It will be amazing to be getting out and about putting your thoughts into action!

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Thank You

#### Ann & Terry Hughes foster carers with FCC for over 20 years retired in Feb 2023

## **Goodbye! Hwyl Fawr!**

Memories of the early days when they started with FCC: "Laurie was our first SW from Oct 2001 and during our first year he gave us several 'emergency' placements .This was invaluable experience for us just before, we had our first long term placement. Being new Carers these particular placements were quite difficult to manage but no matter what time of day or night we rang Laurie for assistance, his calm, understanding and positive manner always guided us to a way forward. As the agency has grown we always found everyone at FCC to be very supportive and people we could depend on as carers."

Thank you Ann & Terry for your commitment and compassion.

#### Know Someone Who Would Love to Foster?

. . . . . . . . . . . . . . . . .

#### YOU can earn up to £1000 when you refer someone.

£100 is payable when we receive a completed Application Form AND a Form F Assessment is started. A further £900 is payable when they are approved as a foster carer with us.

# Don't forget to make sure YOU are listed on the Registration of Interest form as the person who referred them!

Note: You must be a current FCC foster carer to take advantage of this offer. If you refer a couple the fee is £1000. The fee is per new fostering household, not per person referred.

## Name Our Newsletter

Can you think of a name or title for our newsletter? The best name(s) will win a prize.

Catherineaj@fostercarecooperative.co.uk

# **FCC FOCUS**



Can you open your HEART & your HOME?









## Strategic Away Day



Page 5

#### Shaping Our Future Together

We had an amazing day at our March Strategic Away Day, where staff came together to envision and plan our future strategic goals for the next two years. It's been quite some time since we have been able to have everyone together in person to collaborate on the future of FCC, so it was really a very special event.

Through our Carer's Forum in April, we also had the opportunity to present the information and consult with our carers to hear their valuable feedback. Thank you to all the carers who shared their thoughts and insights regarding the strategic plan. Your input is vital as we navigate the exciting transition from a co-operative to a full-fledged charitable organization.

The FCC 2023–25 strategic plan has reaffirmed our commitment to the development of our PACE and DDP Therapeutic Parenting practices amongst other exciting opportunities to develop the agency and the support we offer. These are crucial for providing the best care possible for the children of FCC and the development of our staff and carers. We also recognize the continued importance of collaborative partnerships in achieving our charitable goals.



Steve Field Director of Child Care England & Wales **Cyfarwyddwr Gofal Plant Lloegr a Cymru** 

We are already taking collaborative action as part of our foster carer recruitment. Many of our carers have teamed up with our SSWs at local regional events, so they can share their knowledge with local people interested in fostering. We're also thrilled to see new ideas for recruitment activities already taking shape. Your support in raising our agency's profile within local communities is invaluable in spreading awareness about the incredible work we do together to impact children's lives and empower them to reach their full potential.

Thank you to everyone for your dedication and contributions to FCC's strategy and mission.
 Let's continue working together to create a brighter future for every child in need. 99

## SPOTLIGHT: UASC FOSTERING

#### **Top Tips!**

- Register your foster child with the local GP generates an NHS number
- Register with the local refugee immigration clinic they will organise immunizations and TB & HEP B testing and referrals if needed
- Dietary needs Halal/Kosher preferences for example and any allergies
- Religious needs prayer mat/Quran/local mosque
- Register an application for the local school. Consider what ESOL facilities they have
- Register with a dentist
- Register with an optician once a school place has been accepted
- Source an immigration solicitor for the asylum seeking process in order to gain refugee status and leave to remain in the UK
- Carry out any available training relevant to UASC placements it can be really beneficial for you and them!

"I became a backup foster carer for my parents in 2018. They have fostered UASC children for many, many years. I have witnessed how these children have arrived to the UK looking dishevelled and worn out from a traumatic journey, seeking stability and a safe place to call home. Leaving behind parents and siblings and their homeland and way of life, for a chance to live in peace, in a place of opportunity. These children play a game of roulette with their lives when they are lucky enough to have the chance to leave their homeland.

I felt it was only right, given the knowledge and experience I gained via my mother over the years, that I opened my doors to them also. Especially given the stigma attached to illegal immigrants in the UK. Making a positive and caring difference is what fostering is all about in my eyes. Knowing I have played a role in changing their life for the better is the biggest reward I could ever ask for."

Leanne is thankful for all the support & UASC community expertise Kayley D. her FCC SSW has provided. She says "If fostering UASC placements is something you have considered doing, the rewards are second to none!"

Leanne S. - FCC Wales Foster Carer With a wealth of experience in caring for Unaccompanied Asylum-Seeking Children (UASC), Leanne is on a mission to empower and support

fellow carers. Her dedication has led her to work on compiling a handbook specifically designed to aid FCC Foster Carers like herself when preparing to welcome a UASC child into their homes.



The initial period when a UASC placement child arrives can seem really daunting in comparison to British born placements, but when everything is organised & falls into place, you can enjoy it and see them flourish into life in the UK. 99

## Meet the Team

## Staff Spotlight!

**Gwen Thomas** 

It's nice to be working with such a

friendly bunch. Everyone has been

so welcoming, helping me to settle

carers in south Wales. Being part

of a charity that supports children

of the reasons why I wanted to join

FCC. I think one of the challenges

are all home based. We are all

working to provide the best

support to carers and share

My Fun Fact. I have a very keen

interest in martial arts and have

6 years.

for us as a team in Wales is that we

information quickly when needed.

been training in Kung Fu for the last

is really important to me and one

into my role working with the

Supervising Social Worker Uwch Gweithwyr Cymdeithasol Goruchwylio

Senior



that really enriched my life.

My Fun Fact is that I have spent 4 wonderful

months travelling around parts of South

America going as far as the glaciers at the

bottom of the continent. Some of this time

was solo, but mostly with others. It was a trip

I really enjoy working with foster parents to help

achieve the best we can for children and young

people. The therapeutic training has helped me

to be more respectful to the child's experience

and the reasons why they may behave as they

the best way to help and support the child.

do. I like how this means everyone can work out

The biggest challenge I think we face in our area

including face-to-face meetings or activities at

least every third month. Giving our carer families

the chance to meet and build friendships and

support networks is very important.

is how far apart families live from each other.

Debbie and I hold regular support groups

Senior Supervising Social Worker **Uwch Gweithwyr** Cymdeithasol Goruchwylio



Senior Supervising Social Worker **Uwch Gweithwyr** Cymdeithasol Goruchwylio

Phil Young

finitely interesti

Page 6

Life with FCC is definitely interesting and keeps me on my toes. The bit I enjoy most of all, though, is assessing and taking through panel a set of foster carers who then go on to foster and give a better life to children over an extended period of time. It's a thrill to think that I have had a small part to play in giving children a set of opportunities that they may otherwise never have had and changing their lives for the better. Our biggest challenge is the need to recruit more foster carers – same as in our other regions. I do know that great carers tend to come from word of mouth (and you get rewarded for it).

My Fun Fact. I still enjoy playing cricket for my local club – although sometimes as the wicket keeper I might as well be wearing a set of dustbin lids on my hands rather than gloves!



## Cyber Essentials!

This is a government backed scheme that helps organisations improve their defences against cyber attack.



We've recently gained our Cyber Essentials accreditation for the second year running.

#### Goodbye to Penny after 21 years with FCC!

In June we bid farewell to Penny Marriott a key person on our finance team since day one when she joined FCC in 2002. After more than two decades of dedicated service, she has retired and starts a new chapter of her life, filled with adventure, relaxation, and exploration. Over the years she played an integral role in ensuring the smooth financial operation of FCC and brought a ray of sunshine to our workplace with her lovely smile and positive attitude. If you know Penny, you know she has a song for everything. She's promised to pop back and check on us as we move fully to our charitable status!



## **Cyber Resilience!**

There is a police–led, not for profit Cyber Resilience Centre in every region in England and Wales to help businesses better protect themselves against cyber threats. They offer tips and resources to help with cyber security. You can visit local centres online to find out more

It is hoped that we can look at how we can best inform carers and staff on protecting themselves against cybercrime through regular training and quarterly updates. More details coming soon.

West Midlands: www.wmcrc.co.uk Wales: www.wcrcentre.co.uk North West: www.nwcrc.co.uk





Fostering Panel Member Aeold o'r panel Maethu



Paul Stock

Fostering Panel Member Aeold o'r panel Maethu



**Mandy Howles** 



Sonia Roberts

## **Fostering Panel Spotlight!**

I became a panel member as I have first-hand experience of the impact fostering can have on young people's lives. My sister has been a foster carer for over 20 years and has fostered 3 boys since they were toddlers. Now they are young adults at university and I'm sure that they would never had been so successful without the input of the care system. To all intents and purposes they are members of our family and enjoy all aspects of family life as fully integrated, well adjusted, funny, intelligent and confident individuals. Why wouldn't I want to be part of sharing and extending such opportunities for other young people? I particularly enjoy hearing how young people who are looked after thrive in a supportive family environment and build positive lasting relationships that will help them to become confident successful adults. I also enjoy being part of a professional team that shares a similar values and moral outlook.

My Fun Fact. I was once on a BBC food programme called Hot Stuff where dinner guests shared their views on the food being served. Our episode went through more BBC wine than all the other 5 episodes put together!

I became part of the FCC panel by chance. I am a foster carer, previously with local authority but now with The CFT. Our CEO, Marina Mulholland asked me if I would mind if she put me forward for the role. That was back in 2015 and here I am to this day! I enjoy my role as it gives me the opportunity to meet both current foster carers who have been fostering for some time and new applicants about to begin their fostering journey. I am also grateful for picking up the odd tip or idea along the way too! Every day is a learning day, but not necessarily through conventional training.

My Fun Fact. Anybody who knows me will know how important my dogs are to me. I have a cockapoo called Penny and two cavapoos called Pippa and Honey. They also play a big part in family life and in the lives of the young people we have to stay with us, be it walks in Wyre forest or cuddles on the sofa.

I spent many years in the Family Courts and through that met people connected with fostering and adoption and became involved myself. Working with Fostering Panels is something I find to be enormously rewarding. To be involved with so many dedicated carers and to see the difference they make to children's lives is not only a pleasure but also a great privilege. I enjoy working with FCC very much and their Not for Profit, soon to be Charitable, status particularly appeals to me. I love animals and living in the countryside. I've had horses, sheep, dogs and cats all my life.

Panel Chair Wales & Vice Chair England Cadeirydd Panel Cymru a Is-gadeirydd Lloeger My Fun Fact. I am a keen tennis fan and can speak fluent Pekingese!

The members of our Fostering Panels (England and Wales) help advise FCC about new foster carer applicants. They are from diverse backgrounds and have a wide range of knowledge and experience including understanding of regulations, policies and practices. At least one panel member must be a foster parent themselves. We continue to develop the range of skills and diversity within the FCC Fostering Panels.

## Hyfforddiant 2023

## Training 2023

Page 8

At FCC training is at the core of our practice to develop the skills and knowledge of carers and staff to enable positive outcomes for the children we care for. Training is attended by both staff and carers together as good practice.

If you are not sure what mandatory training, you have outstanding please get in touch with your SSW or Carol Merriman our training co-ordinator.

#### **The Online Training Hub** Wellbeing Courses&more!

Through our Online Training Hub you can access a wide variety of training on personal growth and wellbeing. Check out the options that work for you. You'll also see specialist courses offered each month - such as ADHD or tech addiction. You can allocate these yourself or ask Carol M for help. There is a lot of great support available through the hub in

addition to mandatory training required for fostering. Let us know what you are interested in. We're ready to help!

**Attention! Your Opinion** matters!

face training is important to some people, and we want to find the best, most cost-effective way to accommodate those preferences. Please take a few moments to share your thoughts and help us serve you better.

We genuinely appreciate your input and want to ensure that our training programs cater to your needs. We kindly request your honest feedback on various aspects, including days, dates, times, venues, content, and the use of the Training Hub. By sharing your thoughts, you can help us make informed decisions and improve the training experience for everyone. We understand that face-to-

Contact Carol M 🔀 carolm@fostercarecooperative.co.uk

FOSTER CARE

Get full details about FCC Training on the events calendar: www.fostercarecooperative.co.uk/events



#### **DDP PACE for Carers** with Dr Billy Smythe October 9th & 12th 2023

via Zoom Also Face to Face DDP Pace session in the North West on Thursday 29th February 2024

## **Training Diary Dates!**

#### **Education Awareness**

- with **Roxanne** via Zoom
- **ENGLAND Sept 12th** (2 hours)
- WALES TBC
- Recommended for newer approved carers or when child moving from primary to secondary, etc.

We are ensuring all our Foster Carers have access to DDP PACE Therapeutic Parenting Strategies Training. Empowering carers to support Children affected by Trauma.

## **Training - What's Planned**

In the Autumn our focus will be on Equality and Diversity. We have an exciting new agency who will be delivering some virtual sessions and possibly some face to face sessions on the themes of inclusivity, gender identity and having open conversations about diversity issues. Dates and venues to be confirmed shortly.

#### **Don't Forget!**

All carers need to do the government "PREVENT Duty Training" (eLearning) www.support-peoplevulnerable-toradicalisation.service.gov.uk

## Training 2023

Page 9

## What YOU Said!

"I really enjoyed the course and great to hear other carers experiences" "Really good training very well presented with very good participation from all who attended." "The content was great and well delivered giving everyone the opportunity to join in and share their views" "Really good, glad that Lynn got everyone talking – we got to hear multiple ways other carers approach safer caring and it's good to hear the different experiences"



#### Safer Caring with Lynn Findlay www.lynnfindlaytherapy.com

#### **Reporting & Recording with Kevin Morgan**

Kevin's training gives carers help to understand FCC's forms and systems, the importance of keeping records, what to record and when to report.



6 There was a nice relaxed formal feel to the training. It was a small group and the presenter encouraged everyone to participate "Everything was explained clearly!" 66 To see what the forms look like, where to access them and to learn how much detail is needed. To meet other foster carers. It provided all the information I needed ??



"Relationships are the agents of change and the most powerful therapy is human love."

#### Vicki Wood - Therapeutic Parenting Trainer

Prior to qualifying as a Social Worker, I spent some time working as a Residential Support Worker, working with children and young people with a range of difficulties. After achieving my DipSW, I initially worked in a Children and Families Team where I developed an interest in the needs of Looked After Children. I was then lucky enough to spend 14 years working in a multi-agency team specialising in providing attachment focused therapeutic interventions for children who are Looked After and Adopted, their parents, carers and the professional network around them.

Whilst working alongside Dr Kim Golding, I was given the opportunity to learn that by utilising attachment informed interventions, in our work with parents, carers and networks, we can unlock the powerful impact that understanding the attachment histories of our children can have; in understanding and creating an environment of empathy both for them, and also those parenting them. **"Delotion objection objection of leases**"

#### "Relationship is key."

#### Vicki specialises in the following types of training:

- DDP informed Parent/Carer support
- Parenting with PACE
- Trauma & Attachment difficulties
- Theraplay informed relationship based play
- Therapeutic Life Story Work

#### 🕨 🎔 🖤 Your Feedback

Answered a lot of questions for me, made things alot clearer and made me think differently about some everyday scenarios.



66

Very helpful in being able to recognise the signs and great practical ideas to help regulate behaviours. Thanks Vicki!

99

23

The understanding of how important early years development is to everyday function and how much this can damage children! Amazingly helpful.

> The notes in the jar stuck in my mind and I will be putting this into practice from now on!



#### **Training Hyfforddiant**

## Meet the Team

Page 10

#### Spotlight on Education Awareness Training

FOSTER



Roxanne White Education Specialist **Arbenigwr Addysg**  Recently, I delivered two separate Education training sessions for foster carers in England and Wales. This was the first time that the training has been separated after hearing feedback from carers who have attended in the past. These sessions worked much better as there are many differences in the education systems. For example, Wales has introduced a new system for supporting children and young people with additional needs. Wales and England also have different forms of funding for children looked after.

However, it was also interesting to see the similarities that we have. One example can be seen when we compare the most recent government statistics for both countries as the outcomes for children looked after are broadly similar. CLA in both England and Wales also have a much larger proportion of children with additional needs (in England they are more than twice as likely than the general population to have a special educational need). This, along with many other variables, is important to consider when comparing looked after children's attainment to the general population.

If you have not attended the Education training before and you are a new carer or feel like you need a refresher, it may be worth speaking to your SSW about. In the training we cover the different meetings you can expect to attend, funding, EHCPs and IDPs, the support available and what we can do to overcome any barriers that young people may face.

The next session will be held on **Tuesday 12th September for England** and another **session for Wales will be held in the new academic year**. I have also been attending support groups to discuss autism in girls and hope to create training about ADHD in the future. If you have any suggestions about other educational topics that we could cover, please feel free to email me with your ideas : **roxanne@fostercarecooperative.co.uk** 

**Karen H** – Thank you from FCC team – Karen has adopted a "Love tank" concept. What she explained to her foster children is that this tank may need filling up when feeling down or needing a cuddle. Her youngest has really got into this and tells her when her tank needs filling and will request for a cuddle. She will also tell her when it is full and she is feeling ok. We've been sharing this idea on FCC social media and people are loving this concept. Well done Karen!

## Jerry Tudge A Founder Board Member of FCC



Board Director Cyfarwyddwr

Jerry is our longest-serving Board Director bringing invaluable wisdom and hands-on experience to the table. He's been with us since the very beginning and is a cornerstone for our organization. Besides his role on the board, Jerry was actively involved in both our England and Welsh Foster Panels for 16 years. His job there was to help select new foster carers who align with our values and prioritize the well-being of children.

His background as a foster carer and roles within the Health Service and Local Government which involved working with vulnerable adults and schools, help bring a wealth of knowledge to his work with disadvantaged children. He's been there, done that, and knows how to support them. Not only that, but he's also involved in various volunteer activities, demonstrating his caring and compassionate nature. Jerry has truly dedicated his life to supporting children and giving back to those in need.

With the transition of FCC into a charity, Jerry believes we will enhance our capacity to assist children even more effectively. He's particularly excited about the possibility of FCC exploring avenues to help teenagers who are transitioning from being in care. Supporting young individuals is crucial, and he's eager to see how we can make a difference in their lives.

Carer Compliments 🎔 🎔 🖤

Laura & Glenn D – Compliment from Sea Cadets Commanding Officer "RP has great attendance to our weekly parade nights but also any extra activities he puts his name down for. The communication between myself and Laura is strong and I can email her or vice versa for any questions or concerns there may be. I always get a response from her and on the odd occasion I have had to speak to them regarding RP, then usually Glenn comes in. They are supportive of the unit and will assist with giving RP & other cadets lifts to courses or events if we or other parents ask them". Kind Regards Heather – Commanding Officer

**Claire W** –Compliment from professional SSW – Celebrating 1 year for AA in his foster placement with Claire, they all went out for a curry to celebrate the day. AA very chatty and seems happy. Great progress!

## Achievements

Page 11

#### Primary (5-10's) School, Home, Life & Sport Wows!

- ED (5) has started at a brand new school which is a huge achievement for her.
- KH (6) U7's football player of the 22/23 season Trophy & medal
- EB (6) wrote carers a card saying how much she loves them.
- CB (almost 7) doing well at home much better at meal times and using a knife and fork properly.
- AG (almost 7) goes to gymnastics and can do the splits.
- IW (7) Won Mr Biggles Beaver of the week at Beavers
  - HM (7 and a half) Brave boy going to hospital to have his teeth out
    - AH (8) has started Irish dancing lessons this month Teacher says "she is a natural".
    - CW (almost 9) won a poetry competition for his poem which he was very pleased with.

AM (almost 9) really enjoyed ice skating for the first time RC (8) improving her hygiene and making her own breakfast

- SRC (8) Whizz Kid Award "for having a super week last week, and always trying his best with his learning. Well done!
- KJ (almost 10) rode her bike to school, in preparation for the bike ride over the Transpenine trail with school and Yr. 6. Miss Watson said she managed really well although worried she was going to fall off. Well done.
- LC (9) really enjoyed going to Marie's friend's wedding and her behaviour was fantastic
  - LW (9) Enrolled in a Ballet, Tap & Jazz dance school and had her 1st session where she made some new friends. Her tutor said that considering LW had no previous lessons she showed some real potential. LW had a great time and never stopped talking about it.
    - BD (9) is eating a greater variety of foods.
      Boiled eggs, a fried egg and fish fingers have made it as staples.
    - NB (9) did not retaliate towards her siblings when they were being aggressive – great job!

#### 16+ WAY TO GO!

- CW (16) ran a jumble stall and raised some money (this was halved between pocket money and savings pot for future driving).
- BS (16) Went to Wembley at 7am and arrived home at 12am. they WON! BS said it was the best day of his life.
- MW (16) WOW what a month!! He's got through his GCSE's his school prom, school after prom and started work full time for 2 months through the holidays until 25/08/2023 or there abouts. MW has gone from very difficult & challenging to a well behaved polite young person in one month!
- CS (16) went with his brother to Harry Potter World and his behaviour was really good. It was a fabulous weekend.
- BA (17) Driving lesson (first time on main roads)/ Did well and loved it.
- MO (almost 17) was given money to head into Ashton to get a top for the official leaver's day tomorrow. MO then spent the evening creatively designing a logo on the back of her school shirt with templates, glue, and glitter. She was happy with her work and f/c complimented how good it was.
- LH (17) helped build some flooring for the caravan. He worked hard and was really helpful.

KK, BO and LG all attended a council award ceremony and received a certificate of achievement from Wakefield council.

LJ is a Bouyant and well liked member of our SAND's Group (See AbilityInot Disability) LJ always trues very hard during his Swimming hessons and is keen to learn new Skills. LJ has just attained his Swim ENGLAND Stage 4 award and is currently working towards his stage 5 ownard.

LG & KK have also received very positive feedback from their swimming instructor and are making excellent progress in their lessons



LM received a trophy for "Most Effort" in sports! We are so proud that she has gained the confidence to go up on stage herself to collect the trophy and have her photo taken. Great progress!

## **CONGRATS!** Llongyfarchiadau!

- JH (17) has been treating everyone better his relationship with his sister has improved a really positive impact.
- LG (17) has started to help to coach an U15's football team.
- CC (17) Has been getting up early to do odd jobs with girlfriend's dad. Been to the gym through the month having bought a gym pass with money earnt.
- KB (almost 18) Successful interview for a dinner lady role at her school which she was really excited about.
- JT (17) has been helping Mark with renovating a property, JT has been learning new skills.
- MO (17) Got a job at a fast food restaurant doing the cleaning



## Achievements

#### Page 12

• AW (12) has made pancakes this month and tidied her room.

**SUPER** 

- JH (12) was awarded a £15 Love 2 Shop voucher by Carolyn Brough the virtual head teacher as she was really impressed with his charitable work within school.
- CL (12) had a very successful Scout camp and sent Deb and Lawrence a postcard saying that 'It's AWESOME'!
- MG (13) During PY's visit, when asked for permission to take photo so an updated photo could be sent to LA, she told him that he could not photograph her. Great sense of independence of spirit and mind.
- GN (13) has made several trips using local transport to meet her friends socially outside of school. She has behaved responsibly outside the home and has kept in contact by phone and has always been home by the time agreed. We've been impressed by the maturity she has shown in maintaining the rules and boundaries set for her.
- GL (13) took all his wallpaper off in the bedroom ready for decorating and took his bedroom wardrobe down – great job!
- DR (almost 14) has learnt how to do a Rubix cube
- TD (13) Walked away from boys who were trying to fight him
- MS (14) got up on stage and sang karaoke on two occasions on holiday and received a standing ovation, both times!
- RA (14) Went to friend's house for a few hours. Let me know when he was on the bus home. well done!
- DP (14) Went into Chip Shop independently ordered fish supper!
- KA (14) is working hard with her horse riding
- CP (15) being very grown up with her decisions about her Mum's wedding. She really thinks what she wants & what is right / wrong.
- KD (almost 16) attended and completed her dance show, which was brilliant,
- AA (15) came downstairs to ask for his PE top well done achieving asking for something!

#### You Did it! Well Done! Cool! Excellent! Fe wnest ti e! Da iawn! Cŵl! Gwych!

What do you need to do to have the tallest, strongest, widest, most colourful, biggest sunflowers? How do you get lots of petals and leaves and sunflower seeds to form?

We'd love to see how well you do at helping things grow. How you go about nurturing and caring for your plants.

kidz@fostercarecooperative.co.uk Send us your photos and tell us about what worked and what didn't!

#### Secondary (11-15s) School, Home, Life & Sport Wows!

- AS (11) received a golden ticket from school. This is his 16th one!
- OT (11) Scored three tries at Rugby and played really well
- JT(11) made no complaints when he had to go to school when other children were off
- AR(11) Picnic due to rain sat on the kitchen floor and had fun with laughing and the other young person in the home
- NM (11) Last week he sorted his toys out and decided which ones he wants to keep. He is making a lot of progress in understanding how things change.
- AM (11) Volunteered in the village to do litter-picking, planting, weeding
- KM (12) Got most improved player at a basketball camp, he was thrilled.
- SF (almost 13) has moved up to the 12–18 year group at her musical theatre junior group and loves it. Next week she will be performing a song solo.

**CONGRATS!** 

ongyfarchiadau!

# Get Growing!

Our Summer Sunflower Challenge

FOSTER

How does

your sunflower measure

up?